

## Directors' Table Inspires Young Business Women

One of the most fulfilling parts of being a member of Moreton Enterprises is the opportunity to attend directors' tables and sit with real world business women (although, in the not too distant future we may welcome a man into the fold) who talk and discuss their real life experience in the wide old world of work.

Sarah Hopkins, who worked as an executive search and senior recruitment specialist, welcomed us all and began on her first section: Interviews. She handed out a list of sample interview questions and invited us to turn to the person sitting next to us and to grill each other as if we were in a job interview for our "dream job". After a few minutes, some awkward silences with my partner and a lot of "ums" and "errs", the activity stopped and we moved on. I must say that I enjoyed the activity, not only because it gave us practise at interviews but also a chance to laugh with a friend.

She then moved on to discussing key things to put on your CV (along with providing a CV template which I have found very useful in drafting my own CV ready for the Christmas holiday). We discussed the overused (and essentially meaningless) phrases commonly found on a CV (I am hard working, dedicated, eye for detail etc.) and ways to replace these with evidence such as a hard worker can demonstrate they're hard working by listing extracurricular clubs and responsibilities they've undergone making it null and void to write it in your personal profile to begin with.

It was at this point, I was beginning to understand how important presenting yourself was in the world of work; I was thinking of ways to use her techniques in interviews.

The evening began to wind down at around 7pm with Sarah talking about an event she had been invited to speak on regarding "attracting and retaining talent in an age of uncertainty". This was a seminar for recruitment specialists and focused on the impact of Brexit in that industry.

It ended pleasantly with a couple of group photos and the kind promise to look over my CV if I had any issues with it; a promise I am afraid to say I have not yet used but am sure it will come in very useful over the next few months (and indeed years).

Overall, it was a perfectly lovely evening spent preparing for my future. I cannot wait for the next one.

- Cerys

